



An Enriched Life

IDCEC Course #110574 Designation- General

AIA Course #EL01 Designation- General

Course Credits:

1.0 CEU / 1 LU

Course Description:

An Enriched Life is an exploration of our personal and shared journeys for more meaningful living through self care and human connection. It explores the effect these journeys have on design through the lens for four design personalities.

Course Objectives:

1. Understand how the world around us is driving our actions/thoughts.
2. Understand our personal approach to well-being.
3. Understand our shared experiences for human connection.
4. Understand how trends translate into design.